

Important Dates

Social Opportunities

Coffee Talk w/ Byron
3rd & 17th at 10:30

Classes

Advanced Strong Bodies
13th & 27th at 2:30
Money Management – 3rd at 12:30
Wise use of Credit – 10th at 12:30
Estate Planning – 17th at 12:30

Special Events

Senior Helpers Seminar
4th at 11:30
UTA Presentation – 5th at 11:30
Valentine's Day Party
13th at 11:30
Medicare Minute – 17th at 11:30

Crafts

Wire Wrapping – 3rd at 4:30
Monthly Quilt Block – 9th at 10:00
Doodles & Dessert – 13th at 2:00
Stitches In Time
Tuesdays at 12:00

Services (By Appointment Only)

AARP Tax Help
Tues & Thurs 9-12
Tech Tutor – Mondays 5-6
Legal Services – 5th & 12th at 1:30
Haircuts – 11th & 25th at 11:00
Podiatry – 19th at 10:00

Closure Dates

16th – President's Day

Save the Date:

March 3rd – Wire Wrapping
March 9th – AARP Safe Driving Course
March 17th – St. Patrick's Day
March 17th – Medicare Minute

Golden Hours Senior Recreation Center

February 2026

AARP FREE TAX SERVICE



**GOLDEN HOURS IS OFFERING A FREE TAX
SERVICE TO SENIORS IN THE OGDEN
COMMUNITY! YOU MUST BE 55+ TO RECIEVE
THIS SERVICE, SINCE IT IS THROUGH AARP.**

PICKUP YOUR PACKET TODAY!

Ogden UTAH™
Recreation

AARP
Utah

Hours of Operation

Mon-Thur 8am-8pm, Fri 8am-5pm (Closed holidays)

Become a Member

of Golden Hours Senior Recreation Center. Visit the front desk to complete a membership form. \$5 monthly donation.

Located at: Call Us: 801-629-8864 Find Us: www.ogdencity.com

650 25th St.



Like Us: Golden Hours Senior Recreation Center

Ogden, UT 84401



Follow us: @GoldenHoursOgden



February 2026



Beginning the Week of
Feb. 10th

**STEP 1: SCAN YOUR MEMBERSHIP
CARD OR SIGN A MEMBERSHIP
WAIVER FORM.**

**STEP 2: RECEIVE YOUR TAX
PACKET, FILL IT OUT COMPLETELY
AND INCLUDE ALL TAX DOCUMENTS
REQUIRED FOR 2025.**

**STEP 3: EITHER CALL 801-629-
8864 OR VISIT OUR CENTER TO
SCHEDULE YOUR DROP-OFF
APPOINTMENT, THIS IS THE ONLY
APPOINTMENT GOLDEN HOURS
STAFF WILL SCHEDULE FOR YOU, AN
AARP TAX PREPARER WILL
SCHEDULE YOUR PICKUP
APPOINTMENT.**



Center Staff

Assistant Recreation Director

Ginger Myers

Assistant Golden Hours Supervisor

Kaden Doutre

Staff:

Adrian Arellano

GayLee Butterfield

Cora Chatlin

Byron Garner

Joyce Henry

Margot Johnson

Tony Iseminger

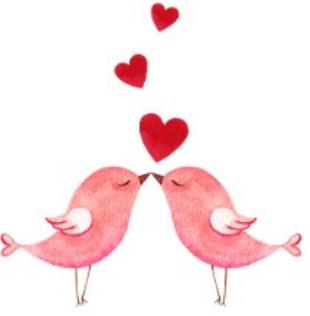
Alan Mueller

Kathy Van Orden

Regina Wadman

Monday	Tuesday
2 CSFP Food Box Pickup 9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong <u>2:30 Beginner Strong Bodies Class</u> 4-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary (<i>Open Studio</i>) 5-6 Tech Tutor (By appt)	 3 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio 10:30 Coffee Talk with Byron <u>12-2 Stitches in Time</u> <u>12:30 Money Management</u> 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary (<i>New Students Only</i>) <u>4:30 Wire Wrapping (Reg. Req.)</u> 5:30-7:30 Pottery (<i>Open Studio</i>) 6:00-8 S.O.A.P. Game Night
9 9-4 Sewing <u>10:00 Monthly Quilt Block (Reg. Req.)</u> 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong <u>2:30 Beginner Strong Bodies Class</u> 4-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary (<i>Open Studio</i>) 5-6 Tech Tutor (By appt)	 10 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio <u>12-2 Stitches in Time</u> <u>12:30 Wise Use of Credit</u> 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary 5:30-7:30 Pottery (<i>Open Studio</i>) 6-7:30 Gay Men's Support Group
16 CENTER CLOSED 	17 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio 10:30 Coffee Talk with Byron <u>11:30 Medicare Minute</u> <u>12-2 Stitches in Time</u> <u>12:30 Estate Planning</u> 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary 5:30-7:30 Pottery (<i>Open Studio</i>) 6:00-8 S.O.A.P. Game Night
23 9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong 1:30 Alzheimer's Support Group <u>2:30 Beginner Strong Bodies Class</u> 4-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary 5-6 Tech Tutor (By appt)	 24 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio 10:30 Coffee Talk with Byron <u>12-2 Stitches in Time</u> 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary 5:30-7:30 Pottery (<i>Open Studio</i>) 5:30-9 Beehive Rock & Gem Club 6:00-8 S.O.A.P. Movie Night
Classes – Require registration Crafts – Require registration Services – Require Registration Field Trips – Require Registration Special Events	Thrift Shop Hours Monday – Thursday 9:30-1:30 Closed Fridays

February 2026

Wednesday	Thursday	Friday
4 9:30 BINGO 10-11 Vet's Group 10:00-4 Dominoes 11:30-4:00 Duplicate Bridge <u>11:30 Senior Helper's Seminar</u> <u>2:30 Beginner Strong Bodies Class</u> 5-8 Silversmithing (Open Studio) 6-7:30 Ukulele (1st & 3rd Wed.) 7-9 Guitar Jammers	5 10-2 Open Art Studio <u>11:30 UTA Presentation</u> 12-4 Pinochle 12:30-4 Newcomers Bridge (1st & 3rd) 12:30 Living Well Tai Chi <u>1:30 Legal Services (By Appt.)</u> 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	6 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) 11-4:30 Marathon Bridge 2-4 Pottery Class (Registration Req)
11 9:30 BINGO 10-11 Vet's Group 10:00-4 Dominoes 11:30-4:00 Duplicate Bridge <u>11-1 Haircuts (by appt)</u> <u>2:30 Beginner Strong Bodies Class</u> 5-8 Silversmithing (Open Studio)	12 10-2 Open Art Studio 12-4 Pinochle 12:30 Living Well Tai Chi <u>1:30 Legal Services (By Appt.)</u> 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	13 9-11 Crochet/Knitting group 9-4 Sewing <u>10:00 Doodles & Dessert</u> 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) <u>11:30 Valentine's Day Party</u> 11-4:30 Marathon Bridge 2-4 Pottery Class (Registration Req) <u>2:30-3:45 Advanced Strong Bodies Class</u>
18 9:30 BINGO 10-11 Vet's Group 10:00-4 Dominoes 11:30-4:00 Duplicate Bridge <u>2:30 Beginner Strong Bodies Class</u> No Silversmithing 6-7:30 Ukulele (1st & 3rd Wed.) 7-9 Guitar Jammers	19 10-2 Open Art Studio <u>10-3 Podiatry (By Appt.)</u> 12-4 Pinochle 12:30-4 Newcomers Bridge (1st & 3rd) 12:30 Living Well Tai Chi 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	20 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) 11-4:30 Marathon Bridge 2-4 Pottery Class (Registration Req)
25 9:30 BINGO 10-11 Vet's Group 10:00-4 Dominoes 11:30-4:00 Duplicate Bridge <u>11-1 Haircuts (by appt)</u> <u>2:30 Beginner Strong Bodies Class</u> 5-8 Silversmithing (Open Studio) 7-9 Guitar Jammers	26 10-2 Open Art Studio 12-4 Pinochle 12:30 Living Well Tai Chi 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	27 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) 2-4 Pottery Class (Registration Req) <u>2:30-3:45 Advanced Strong Bodies Class</u>
		

Golden Hours Paparazzi



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STEP 3: EITHER CALL 801-629-8864 OR VISIT OUR CENTER TO SCHEDULE YOUR TAX APPOINTMENT



Visit us on our Website!

Golden Hours | Ogden, UT (ogdencity.com)
<https://ogdencity.com/325/Golden-Hours>

Lunch: Served to the Golden Hours Center by Weber Nutrition.

Monday – Friday at 11:30 am-12:30 pm

Cost is \$7 for age 50-59.

Donation of \$4 for age 60 & up.

Must reserve 24 hours in advance: 801-629-8864

Must be a member & scan in everyday before lunch at the front desk.