

## Important Dates

### Social Opportunities

Coffee Talk w/ Byron  
4th & 18th at 10:30  
Ben Lomond Lanes Field Trip  
21st at 10:00

### Special Events

Medicare Presentation  
4th at 11:30  
Full Circle Counseling Presentation  
5th at 11:30  
Silver Tech Savvy Presentation  
6th at 11:30  
AARP Safe Driving Course  
10th at 8:45  
Senior Weight Lifting Seminar  
19th at 11:30  
Thanksgiving Lunch & Music Performance  
26th at 11:30

### Crafts

Wire Wrapping – 4th at 4:30  
Monthly Quilt Block – 10th at 10:00  
Doodles & Dessert – 14th at 10:00  
Stitches In Time  
Tuesdays at 12:00

### Services (By Appointment Only)

Tech Tutor – Mondays 5-6  
Legal Services – 6th & 13th at 1:30  
Haircuts – 12th & 26th at 11:00  
Podiatry – 18th at 10:00

### Closure Dates

11th – Veteran's Day  
27th – Thanksgiving  
28th – Day after Thanksgiving

## Save the Date:

December 8th – A Day of Giving BINGO  
December 17th – Ukulele Christmas Performance  
December 25th – Center Closed Christmas Day  
January 1st – Center Closed New Years Day

# Golden Hours Senior Recreation Center

## November 2025

JOIN US FOR A

# Thanksgiving LUNCH

## WEDNESDAY, NOVEMBER 26

### 11:30 AM

RSVP FOR YOUR MEAL NO LATER THAN  
MONDAY, NOVEMBER 24 AT 11:30 AM

Ogden  
UTAH™  
Recreation

## Hours of Operation

Mon-Thur 8am-8pm, Fri 8am-5pm (Closed holidays)

## Become a Member

of Golden Hours Senior Recreation Center. Visit the front desk to complete a membership form. \$5 monthly donation.

Located at:

Call Us: 801-629-8864

Find Us: [www.ogdencity.com](http://www.ogdencity.com)

650 25th St.



Like Us: Golden Hours Senior Recreation Center

Ogden, UT 84401

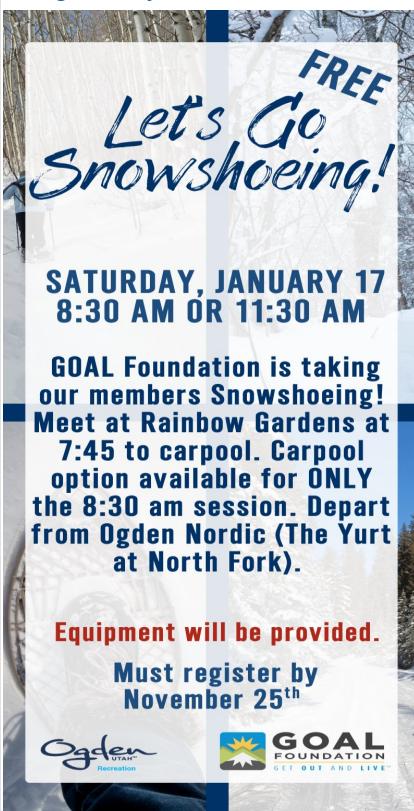


Follow us: @GoldenHoursOgden



# November 2025

**Thrift Shop Hours**  
**Monday – Thursday**  
**9:30-1:30**  
**Closed Fridays**  
*For a list of class descriptions please ask the front desk or visit our website at*  
[OgdenCity.com/GoldenHours](http://OgdenCity.com/GoldenHours)



## Center Staff

### Assistant Recreation Director

Ginger Myers

### Assistant Golden Hours Supervisor

Kaden Doutre

#### Staff:

Adrian Arellano

GayLee Butterfield

Cora Chatlin

Byron Garner

Joyce Henry

Margot Johnson

Tony Iseminger

Alan Mueller

Kathy VanOrden

Regina Wadman

Monday	Tuesday
3 CSFP Food Box Pickup 9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong <b><u>2:30 Strong Bodies Class</u></b> 4-7:30 Pickleball ( <i>all levels</i> ) 4-8 Lapidary ( <i>Open Studio</i> ) 5-6 Tech Tutor (By appt)	4 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio 10:30 Coffee Talk with Byron <b><u>11:30 Medicare Presentation</u></b> <b><u>12-2 Stitches in Time</u></b> 3:00 Balance & Fitness 3:30 Chair Yoga <b><u>4:30 Wire Wrapping (Reg. Req.)</u></b> 4-8 Lapidary 5:30-7:30 Pottery ( <i>Open Studio</i> ) 5:30-8 S.O.A.P. Game Night
10 <b><u>8:45 AARP Safe Driving Course</u></b> <b><u>10:00 Monthly Quilt Block (Reg. Req.)</u></b> 9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong <b><u>2:30 Strong Bodies Class</u></b> 4-7:30 Pickleball ( <i>all levels</i> ) 4-8 Lapidary ( <i>Open Studio</i> ) 5-6 Tech Tutor (By appt)	11 <b>CENTER CLOSED</b> 
17 9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong 1:30 Alzheimer's Support Group <b><u>2:30 Strong Bodies Class</u></b> 4-7:30 Pickleball ( <i>all levels</i> ) 4-8 Lapidary 5-6 Tech Tutor (By appt)	18 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio <b><u>10-3 Podiatry (By Appt.)</u></b> 10:30 Coffee Talk with Byron <b><u>12-2 Stitches in Time</u></b> 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary 5:30-7:30 Pottery ( <i>Open Studio</i> ) 5:30-8 S.O.A.P. Game Night
24 9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong <b><u>2:30 Strong Bodies Class</u></b> 4-7:30 Pickleball ( <i>all levels</i> ) 4-8 Lapidary ( <i>Open Studio</i> ) 5-6 Tech Tutor (By appt)	25 9-11 Crochet/Knitting group 9:30-10:30 Zumba 10-2 Open Art Studio <b><u>12-2 Stitches in Time</u></b> 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary 5:30 Beehive Rock & Gem Club 5:30-7:30 Pottery ( <i>Open Studio</i> ) 5:30-8 S.O.A.P. Movie Night
<b><u>Classes – Require registration</u></b> <b><u>Crafts – Require registration</u></b> <b><u>Services – Require Registration</u></b> <b><u>Field Trips – Require Registration</u></b> <b><u>Special Events</u></b>	

# November 2025

Wednesday	Thursday	Friday
5 9:30 BINGO 10-11 Vet's Group 10:30-4 Dominoes <u>11:30 Full Circle Counseling Presentation</u> 11:30-4:00 Duplicate Bridge <u>2:30 Strong Bodies Class</u> 5-8 Silversmithing (Open Studio) 6-7:30 Ukulele (1st & 3rd Wed.) 7-9 Guitar Jammers	6 10-2 Open Art Studio <u>11:30 Silver Tech Savvy Presentation</u> 12-4 Pinochle 12:30 Living Well Tai Chi 12:30-4 Newcomers Bridge (1st & 3rd) <u>1:30 Legal Services (By Appt.)</u> 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	7 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) 11-4:30 Marathon Bridge 2-4 Pottery Class (Registration Req) 4:30-7:30 Pottery (Open Studio)
12 9:30 BINGO 10-11 Vet's Group 10:30-4 Dominoes <u>11-1 Haircuts (by appt)</u> 11:30-4:00 Duplicate Bridge <u>2:30 Strong Bodies Class</u> 5-8 Silversmithing (Open Studio) 7-9 Guitar Jammers	13 10-2 Open Art Studio 12-4 Pinochle 12:30 Living Well Tai Chi <u>1:30 Legal Services (By Appt.)</u> 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	14 9-11 Crochet/Knitting group 9-4 Sewing <u>10:00 Doodles &amp; Dessert</u> 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) 11-4:30 Marathon Bridge 2-4 Pottery Class (Registration Req) 4:30-7:30 Pottery (Open Studio)
19 9:30 BINGO 10-11 Vet's Group 10:30-4 Dominoes <u>11:30 Senior Weight Lifting Seminar</u> 11:30-4:00 Duplicate Bridge <u>2:30 Strong Bodies Class</u> No Silversmithing 6-7:30 Ukulele (1st & 3rd Wed.) 7-9 Guitar Jammers	20 10-2 Open Art Studio 12-4 Pinochle 12:30-4 Newcomers Bridge (1st & 3rd) 12:30 Living Well Tai Chi 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares	21 9-11 Crochet/Knitting group 9-4 Sewing <u>10:00 Ben Lomond Lanes Field Trip</u> 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery (Open Studio) 11-4:30 Marathon Bridge 2-4 Pottery Class (Registration Req) 4:30-7:30 Pottery (Open Studio)
26 9:30 BINGO 10-11 Vet's Group 10:30-4 Dominoes <u>11:30 Thanksgiving Lunch &amp; Performance</u> 11:30-4:00 Duplicate Bridge <u>No Strong Bodies this day</u> <u>11-1 Haircuts (by appt)</u> 5-8 Silversmithing (Open Studio) 7-9 Guitar Jammers	27 <b>CENTER CLOSED</b>	28 <b>CENTER CLOSED</b>
		

# Golden Hours Paparazzi

## Sewing Project

### Monthly Quilt Block

Monday, November 10<sup>th</sup> | 10:00



\$3 for Golden Hours Fabric or \$25 for a year. Free if using your own fabric.  
Sign up at the front desk.

Ogden UTAH Recreation



**Visit us on our Website!**  
Golden Hours | Ogden, UT (ogdencity.com)  
<https://ogdencity.com/325/Golden-Hours>

**Lunch:** Served to the Golden Hours Center by Weber Nutrition.

Monday – Friday at 11:30 am-12:30 pm

Cost is \$7 for age 50-59.

Donation of \$4 for age 60 & up.

Must reserve 24 hours in advance: 801-629-8864

**Must be a member & scan in everyday before lunch at the front desk.**