

## Important Dates

### Social Opportunities

Coffee Talk w/ Byron  
4th & 18th at 10:30  
Ben Lomond Lanes Field Trip  
21st at 10:00

### Special Events

Medicare Presentation  
4th at 11:30  
Full Circle Counseling Presentation  
5th at 11:30  
Silver Tech Savvy Presentation  
6th at 11:30  
AARP Safe Driving Course  
10th at 8:45  
Senior Weight Lifting Seminar  
19th at 11:30  
Thanksgiving Lunch & Music Performance  
26th at 11:30

### Crafts

Wire Wrapping— 4th at 4:30  
Monthly Quilt Block — 10th at 10:00  
Doodles & Dessert— 14th at 10:00  
Stitches In Time  
Tuesdays at 12:00

### Services (By Appointment Only)

Tech Tutor— Mondays 5-6  
Legal Services— 6th & 13th at 1:30  
Haircuts— 12th & 26th at 11:00  
Podiatry— 18th at 10:00

### Closure Dates

11th— Veteran's Day  
27th— Thanksgiving  
28th— Day after Thanksgiving

## Save the Date:

December 8th— A Day of Giving BINGO  
December 17th— Ukulele Christmas Performance  
December 25th— Center Closed Christmas Day  
January 1st— Center Closed New Years Day

# Golden Hours Senior Recreation Center

## November 2025

JOIN US FOR A

# Thanks giving

LUNCH

## WEDNESDAY, NOVEMBER 26

## 11:30 AM

RSVP FOR YOUR MEAL NO LATER THAN  
MONDAY, NOVEMBER 24 AT 11:30 AM

Ogden  
UTAH™  
Recreation

## Hours of Operation

Mon-Thur 8am-8pm, Fri 8am-5pm (Closed holidays)

## Become a Member

of Golden Hours Senior Recreation Center. Visit the front desk to  
complete a membership form. \$5 monthly donation.

Located at: 650 25th St. Ogden, UT 84401 Call Us: 801-629-8864 Find Us: [www.ogdencity.com](http://www.ogdencity.com)



Like Us: Golden Hours Senior Recreation Center



Follow us: @GoldenHoursOgden



# November 2025

## Thrift Shop Hours Monday – Thursday 9:30-1:30

### Closed Fridays

For a list of class descriptions please ask the front desk or visit our website at

[OgdenCity.com/GoldenHours](http://OgdenCity.com/GoldenHours)



**FREE**  
*Let's Go Snowshoeing!*

**SATURDAY, JANUARY 17**  
**8:30 AM OR 11:30 AM**

GOAL Foundation is taking our members Snowshoeing! Meet at Rainbow Gardens at 7:45 to carpool. Carpool option available for **ONLY** the 8:30 am session. Depart from Ogden Nordic (The Yurt at North Fork).

**Equipment will be provided.**

**Must register by November 25<sup>th</sup>**

## Center Staff

### Assistant Recreation Director

Ginger Myers

### Assistant Golden Hours Supervisor

Kaden Doutre

### Staff:

Adrian Arellano

GayLee Butterfield

Cora Chatlin

Byron Garner

Joyce Henry

Margot Johnson

Tony Iseminger

Alan Mueller

Kathy VanOrden

Regina Wadman

## Monday

3 **CSFP Food Box Pickup**  
9-4 Sewing  
10:30-1:30 Pottery Open Studio  
12:30 BINGO  
1-4 American Western Mahjong  
2:30 Strong Bodies Class  
4-7:30 Pickleball (*all levels*)  
4-8 Lapidary (*Open Studio*)  
5-6 Tech Tutor (*By appt*)



10  
8:45 **AARP Safe Driving Course**  
**10:00 Monthly Quilt Block** (Reg. Req.)  
9-4 Sewing  
10:30-1:30 Pottery Open Studio  
12:30 BINGO  
1-4 American Western Mahjong  
2:30 Strong Bodies Class  
4-7:30 Pickleball (*all levels*)  
4-8 Lapidary (*Open Studio*)  
5-6 Tech Tutor (*By appt*)

17  
9-4 Sewing  
10:30-1:30 Pottery Open Studio  
12:30 BINGO  
1-4 American Western Mahjong  
1:30 Alzheimer's Support Group  
2:30 Strong Bodies Class  
4-7:30 Pickleball (*all levels*)  
4-8 Lapidary  
5-6 Tech Tutor (*By appt*)

24  
9-4 Sewing  
10:30-1:30 Pottery Open Studio  
12:30 BINGO  
1-4 American Western Mahjong  
2:30 Strong Bodies Class  
4-7:30 Pickleball (*all levels*)  
4-8 Lapidary (*Open Studio*)  
5-6 Tech Tutor (*By appt*)



**Classes– Require registration**

**Crafts– Require registration**

**Services– Require Registration**

**Field Trips– Require Registration**

**Special Events**

## Tuesday

4  
9-11 Crochet/Knitting group  
9:30-10:30 Zumba  
10-2 Open Art Studio  
10:30 Coffee Talk with Byron  
11:30 Medicare Presentation  
12-2 Stitches in Time  
3:00 Balance & Fitness  
3:30 Chair Yoga  
4:30 **Wire Wrapping** (Reg. Req.)  
4-8 Lapidary  
5:30-7:30 Pottery (*Open Studio*)  
5:30-8 S.O.A.P. Game Night

## CENTER CLOSED



18  
9-11 Crochet/Knitting group  
9:30-10:30 Zumba  
10-2 Open Art Studio  
10-3 Podiatry (*By Appt.*)  
10:30 Coffee Talk with Byron  
12-2 Stitches in Time  
3:00 Balance & Fitness  
3:30 Chair Yoga  
4-8 Lapidary  
5:30-7:30 Pottery (*Open Studio*)  
5:30-8 S.O.A.P. Game Night



25  
9-11 Crochet/Knitting group  
9:30-10:30 Zumba  
10-2 Open Art Studio  
12-2 Stitches in Time  
3:00 Balance & Fitness  
3:30 Chair Yoga  
4-8 Lapidary  
5:30 Beehive Rock & Gem Club  
5:30-7:30 Pottery (*Open Studio*)  
5:30-8 S.O.A.P. Movie Night



# November 2025

Wednesday	Thursday	Friday
<p>5</p> <p>9:30 BINGO</p> <p>10-11 Vet's Group</p> <p>10:30-4 Dominoes</p> <p><u>11:30 Full Circle Counseling Presentation</u></p> <p>11:30-4:00 Duplicate Bridge</p> <p><u>2:30 Strong Bodies Class</u></p> <p>5-8 Silversmithing (Open Studio)</p> <p>6-7:30 Ukulele (1st &amp; 3rd Wed.)</p> <p>7-9 Guitar Jammers</p>	<p>6</p> <p>10-2 Open Art Studio</p> <p><u>11:30 Silver Tech Savvy Presentation</u></p> <p>12-4 Pinochle</p> <p>12:30 Living Well Tai Chi</p> <p>12:30-4 Newcomers Bridge (1st &amp; 3rd)</p> <p><u>1:30 Legal Services (By Appt.)</u></p> <p>3:00 Balance &amp; Fitness</p> <p>3:30 Chair Yoga</p> <p>5-8 Silversmithing (Registration Req)</p> <p>6-8 Diamond Squares</p>	<p>7</p> <p>9-11 Crochet/Knitting group</p> <p>9-4 Sewing</p> <p>10-11:30 Line Dancing (Intermediate)</p> <p>10:30-1:30 Pottery (Open Studio)</p> <p>11-4:30 Marathon Bridge</p> <p>2-4 Pottery Class (Registration Req)</p> <p>4:30-7:30 Pottery (Open Studio)</p> 
<p>12</p> <p>9:30 BINGO</p> <p>10-11 Vet's Group</p> <p>10:30-4 Dominoes</p> <p><u>11-1 Haircuts (by appt)</u></p> <p>11:30-4:00 Duplicate Bridge</p> <p><u>2:30 Strong Bodies Class</u></p> <p>5-8 Silversmithing (Open Studio)</p> <p>7-9 Guitar Jammers</p> 	<p>13</p> <p>10-2 Open Art Studio</p> <p>12-4 Pinochle</p> <p>12:30 Living Well Tai Chi</p> <p><u>1:30 Legal Services (By Appt.)</u></p> <p>3:00 Balance &amp; Fitness</p> <p>3:30 Chair Yoga</p> <p>5-8 Silversmithing (Registration Req)</p> <p>6-8 Diamond Squares</p>	<p>14</p> <p>9-11 Crochet/Knitting group</p> <p>9-4 Sewing</p> <p><u>10:00 Doodles &amp; Dessert</u></p> <p>10-11:30 Line Dancing (Intermediate)</p> <p>10:30-1:30 Pottery (Open Studio)</p> <p>11-4:30 Marathon Bridge</p> <p>2-4 Pottery Class (Registration Req)</p> <p>4:30-7:30 Pottery (Open Studio)</p>
<p>19</p> <p>9:30 BINGO</p> <p>10-11 Vet's Group</p> <p>10:30-4 Dominoes</p> <p><u>11:30 Senior Weight Lifting Seminar</u></p> <p>11:30-4:00 Duplicate Bridge</p> <p><u>2:30 Strong Bodies Class</u></p> <p>No Silversmithing</p> <p>6-7:30 Ukulele (1st &amp; 3rd Wed.)</p> <p>7-9 Guitar Jammers</p>	<p>20</p> <p>10-2 Open Art Studio</p> <p>12-4 Pinochle</p> <p>12:30-4 Newcomers Bridge (1st &amp; 3rd)</p> <p>12:30 Living Well Tai Chi</p> <p>3:00 Balance &amp; Fitness</p> <p>3:30 Chair Yoga</p> <p>5-8 Silversmithing (Registration Req)</p> <p>6-8 Diamond Squares</p>	<p>21</p> <p>9-11 Crochet/Knitting group</p> <p>9-4 Sewing</p> <p><u>10:00 Ben Lomond Lanes Field Trip</u></p> <p>10-11:30 Line Dancing (Intermediate)</p> <p>10:30-1:30 Pottery (Open Studio)</p> <p>11-4:30 Marathon Bridge</p> <p>2-4 Pottery Class (Registration Req)</p> <p>4:30-7:30 Pottery (Open Studio)</p>
<p>26</p> <p>9:30 BINGO</p> <p>10-11 Vet's Group</p> <p>10:30-4 Dominoes</p> <p><u>11:30 Thanksgiving Lunch &amp; Performance</u></p> <p>11:30-4:00 Duplicate Bridge</p> <p><u>No Strong Bodies this day</u></p> <p><u>11-1 Haircuts (by appt)</u></p> <p>5-8 Silversmithing (Open Studio)</p> <p>7-9 Guitar Jammers</p>	<p>27</p> <p><b>CENTER CLOSED</b></p>	<p>28</p> <p><b>CENTER CLOSED</b></p>
		



# Golden Hours Paparazzi

## Sewing Project

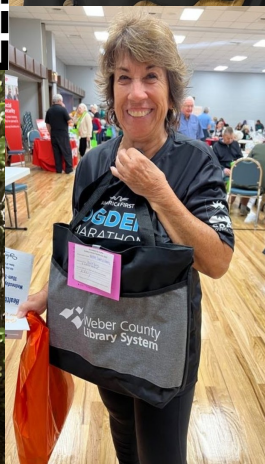
### Monthly Quilt Block

Monday, November 10<sup>th</sup> | 10:00



\$3 for Golden Hours Fabric or \$25 for a year. Free if using your own fabric.  
Sign up at the front desk.

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Recreation



*Visit us on our Website!*

Golden Hours | Ogden, UT ([ogdencity.com](https://ogdencity.com))

<https://ogdencity.com/325/Golden-Hours>

**Lunch:** Served to the Golden Hours Center by Weber Nutrition.

Monday – Friday at 11:30 am-12:30 pm

Cost is \$7 for age 50-59.

Donation of \$4 for age 60 & up.

Must reserve 24 hours in advance: 801-629-8864

**Must be a member & scan in everyday before lunch at the front desk.**