

# OGDEN CITY POLICE

## Office of the Chief

### Policy No: 14A

Subject Use of Physical Fitness Facility	Effective Date March 2018
Department Police	Replaces Policy Dated September 2001
Division All Police Personnel	Review Date March 2024
Authorized Signature 	

**NOTE: This rule or regulation is for internal use only and does not enlarge an officer's civil or criminal liability in any way. It should not be construed as the creation of a higher standard of safety or care in an evidentiary sense, with respect to third party claims. Violations of this directive, if proven, can only form the basis of a complaint by this agency, and then only in a non-judicial administrative setting.**

#### I. PURPOSE

The purpose of this policy is to establish guidelines and rules for usage of the physical fitness facility in the Ogden Public Safety Building.

#### II. POLICY

The physical fitness facility is for the use of the City's public safety employees. It is important that specific rules be put into place in order to ensure the permanence of the facility and the overall quality of the equipment.

- A. Use of the facility is restricted to City employees assigned or directly associated with public safety. Our lease agreement with Weber Dispatch allows for their employees' use. Use by family or friends is prohibited.
- B. Eligible employees wishing to use the facility must be trained and signed off on the fitness equipment use. The police department has training individuals who can train you for the use of the equipment. Contact the Training Bureau for the names of trainers. It is the responsibility of each employee to ensure he has been trained on the equipment operation prior to individual use. A signed waiver by employees is necessary at the conclusion of the training.
- C. Clean up after yourself. Place weights and dumbbells back in proper storage spaces after use. Put trash in the proper receptacle. Use the

disinfectants and towels where appropriate. Be sure that doors leading outside are closed and locked if you are the last to leave the facility.

- D. We have a five-year maintenance agreement to ensure the equipment continually works as designed. Normal quarterly visits will occur by the vendor to perform routine maintenance. If during the course of your workout you notice an impending or actual failure of the equipment, please notify the Training Bureau. Contact will be made to the maintenance provider to arrange for non-scheduled visits.
- E. The stereo and televisions are provided for your enjoyment. Please turn them off if you are the last person to leave.
- F. The physical fitness facility and the equipment provided are for your use. The Administration hopes that by using it wisely you will be able to maintain, and where needed, improve your physical fitness level. If you have any questions or suggestions about the facility, bring them to the attention of the Training Bureau.